DISADVANTAGES OF AMALGAM (SILVER) FILLINGS

1. SIGNS OF AMALGAM FAILURES

- Fillings turning BLACK
- Tooth surrounding filling dark
- Fracturing of the tooth
- Fracturing of the filling itself
- Metal will corrode
- Decay under filling due to leak
- Amalgams make tooth weaker over time.

2. DISADVANTAGES OF AMALGAMS

a. Silver Fillings are less attractive than tooth-colored composite resin fillings
b. Amalgam fillings expand and contract with hot and cold...eventually could cause the filling to fracture or even weaken surrounding tooth structure
c. Silver fillings will eventually corrode and leak...allow bacteria to leak and decay the surrounding tooth structure.
d. Mercury vapor is also released during chewing with these fillings

Just a thought on Amalgam Fillings…..

- If the ADA doesn’t want the doctor or staff to touch freshly mixed amalgam, why is it OK to put it in your mouth?
- If the ADA doesn’t want the amalgam to go into the sewer, why is it OK to put it in your mouth?
- If the ADA wants the amalgam scrap to be stored in a tightly closed container and shouldn’t be stored under water, or dry unsealed, because the mercury vapor could escape into the air, why is it OK to put it in your mouth?
- If mercury-contaminated items have to be disposed of in sealed bags, according to regulations, beyond regular medical waste, why is it OK to put it in your mouth?

In other words, why is the human mouth the only approved place for mercury amalgam? And, if you still have silver mercury fillings in your mouth, do you think it is a good idea?

3. REPLACEMENT OPTIONS

Small Fillings are usually replaced with tooth colored resin / plastic fillings also known as composite restorations

Medium Fillings are usually replaced with tooth colored porcelain fillings…also known as Inlays / Onlays

Large Fillings are usually replaced with crowns or caps due to insufficient support of surrounding tooth structure

4. REFERENCES

www.yourhealthbase.com/amalgams.html